



Mississippi Valley Conservation

*State of the Lake
Environment Report
December 2002*

Flower Round Lake



Flower Round Lake

Flower Round Lake is situated in the Township of Lanark Highlands, in Lanark County. It is one of the headwater lakes of the Clyde River system, in the Mississippi Valley watershed. Flower Round Lake is at an elevation of 243.9 metres above sea level. The lake perimeter is approximately 5.31 kilometres, with a maximum depth of 12.8 metres. Flower Round Lake supports a warm water fishery. Common species include Northern Pike, Smallmouth and Largemouth Bass. At last count in 1996, there were 14 cottages and 11 permanent residences on the lake.



Residents of Flower Round Lake have recently volunteered their time, to provide water quality testing, through the Ministry of the Environment (MOE) Lake Partner Program for 2002. Collecting this data is extremely important and will become valuable with each year that passes; the data will provide a general picture of water quality conditions. Comprehensive testing in 2002 through Mississippi Valley Conservation's (MVC) *Watershed Watch Program* provides for a comparison between water quality conditions as they exist now, to results obtained 21 years ago through the MOE Recreational Lakes Program.

In general, the water quality in Flower Round Lake is good. There is one sampling station at the deepest point, in the middle of the lake. This station was sampled eight times for 2002. You will find graphs which follow, that water clarity, as measured by Secchi Disk readings, were observed as good. The average for 2002 is 4.4 metres, indicating that Flower Round Lake is a moderately enriched (some nutrients) or mesotrophic lake. Twenty-two years ago, the average Secchi Disk depth was 4.1 metres, indicating an improvement in water clarity.

Directly related to water clarity is the amount of nutrients, in particular phosphorus, entering the lake. The Provincial Objective for phosphorus levels in shield lakes is a maximum of 20 micrograms per litre (ug/L). In 2002, the average total phosphorus level in the euphotic zone (depth at which sunlight can penetrate or two times the secchi disk depth), also known as, was $15.25 ug/L$, indicating a mesotrophic lake environment. The average for the sample taken one metre off the bottom, was $78.23 ug/L$, which is fairly high, indicating an enriched (higher amount of nutrients) or euphotic lake environment. Twenty-two years ago, the average phosphorus level was $17.0 ug/L$ in the euphotic zone and $16.0 ug/L$ one metre off the bottom of the lake. Flower Round Lake decreased its average phosphorus level in the euphotic zone but increased the levels in the bottom of the lake.

Chlorophyll-a is a measure of the algal density in the lake. The average chlorophyll-a density for the sampling station was $4.88 ug/L$, indicating a high algal density for Flower Round Lake in 2002. In 1980, chlorophyll-a levels were slightly higher at $5.25 ug/L$.

Plants and animals are a direct reflection of their environment. The most critical time of year for conducting dissolved oxygen and temperature profiles is after August 31. Profiles are generally conducted at this time of year and at the deepest point in the lake. Aquatic vegetation and algae that has grown over the summer, has died off and settled on the bottom, using the available oxygen necessary to sustain aquatic life in the lower portion of the lake or the hypolimnion. Two other profiles were conducted in 2002, one in May and one in July, in order to generate a more concise picture of the oxygen content of the lake.

The dissolved oxygen and temperature data, measured at the deepest point in the main basin, indicate oxygen concentrations in the deep water portion are poor by mid-summer. Warm water fish species, such as pike and bass, are squeezed into the upper five metres of the lake by July. Therefore, residents and users of Flower Round Lake cannot afford to be complacent. Every effort should be made to reduce nutrient loading into the lake from land use activities.



Flower Round Lake was also tested for invasive species in 2002, in particular, for zebra mussels and spiny water flea, in partnership with the Ontario Federation of Anglers and Hunters (OFAH). Flower Round Lake did *not* have zebra mussel veligers (larvae) or spiny water flea present. Residents and property owners need to ensure that all access points to the lake have posted signs indicating the precautions they can take to avoid the spread of invasive species into Flower Round Lake. Another recommendation is for residents to begin participation in the invasive species monitoring program through MVC.

Residents and users of Flower Round Lake should continue and expand their newly adopted stewardship approach to limit the amount of nutrients entering the lake. The first step to achieve this is to form an active Lake Association. It is recommended that a Lake Steward be appointed to undertake ongoing water quality testing and to join the Mississippi Valley Lake Stewardship Network. Monitoring over time is essential to determine long term trends and changes. Resources and information are readily available through the *Watershed Watch Program*. There are helpful tips throughout this report to help reduce your impact on Flower Round Lake. Additional water quality data, current and historic, is available for Flower Round Lake and many other lakes in the Mississippi Valley watershed. Contact MVC for more information on how you can become a good lake steward for your lake. We all have a responsibility to preserve this precious natural resource for future generations.

FIVE EASY STEPS TO IMPROVE WATER QUALITY



1. Build at least 30 metres away from the shoreline.
2. Keep your lot well treed and preserve or replant native vegetation along the shoreline.
3. Pump out your septic tank every three to five years.
4. Reduce water use and use phosphate free soaps and detergents.
5. Keep the size of your lawn to a minimum; do not use fertilizers, herbicides or pesticides.

| LOW PHOSPHORUS LIFESTYLE | Amount of Phosphorus (grams) | HIGH PHOSPHORUS LIFESTYLE | Amount of Phosphorus (grams) |
|---------------------------------|-------------------------------------|--|-------------------------------------|
| Human waste | 535 | Human waste | 535 |
| No dishwasher | 0 | Dishwasher using powdered detergent once per day | 650 |
| No fertilizer | 0 | Lawn fertilized once/year | 1960 |
| Trees not cut down | 20 | Lot cleared of trees | 30 |
| Uses phosphate-free products | 20 | Uses products with phosphate | 180 |
| TOTAL | 575 grams | TOTAL | 3355 grams |

How Does Flower Round Lake Measure Up?

1980-2002 Water Quality Results

| Sample Year Mean | Secchi Disk Depth [Metres] | Total Phosphorus Euphotic Zone [Micrograms/litre] | Total Phosphorus 1 Metre off Bottom [Micrograms/litre] | Chlorophyll a Composite [Micrograms/Litre] |
|-----------------------|-------------------------------------|--|--|--|
| **1980 | 4.1 | 17.0 | 16.00 | 5.25 |
| 2002 | 4.4 | 15.25 | 78.25 | 4.88 |
| n | 2 | 2 | 2 | 2 |
| Minimum | 4.1 | 15.25 | 16.0 | 4.88 |
| Maximum | 4.4 | 17.0 | 78.3 | 5.25 |
| Mean | 4.3 | 16.1 | 47.1 | 5.1 |
| Standard Deviation | 0.21213 | 1.23744 | 44.01740 | 0.26517 |

*Mean based on less than 6 measurements **Includes Recreational Lakes Program Data

Chlorophyll-a data prior to 1985 has been adjusted to reflect new lab procedures in filtering resulting in an increase in chla concentrations by 35%

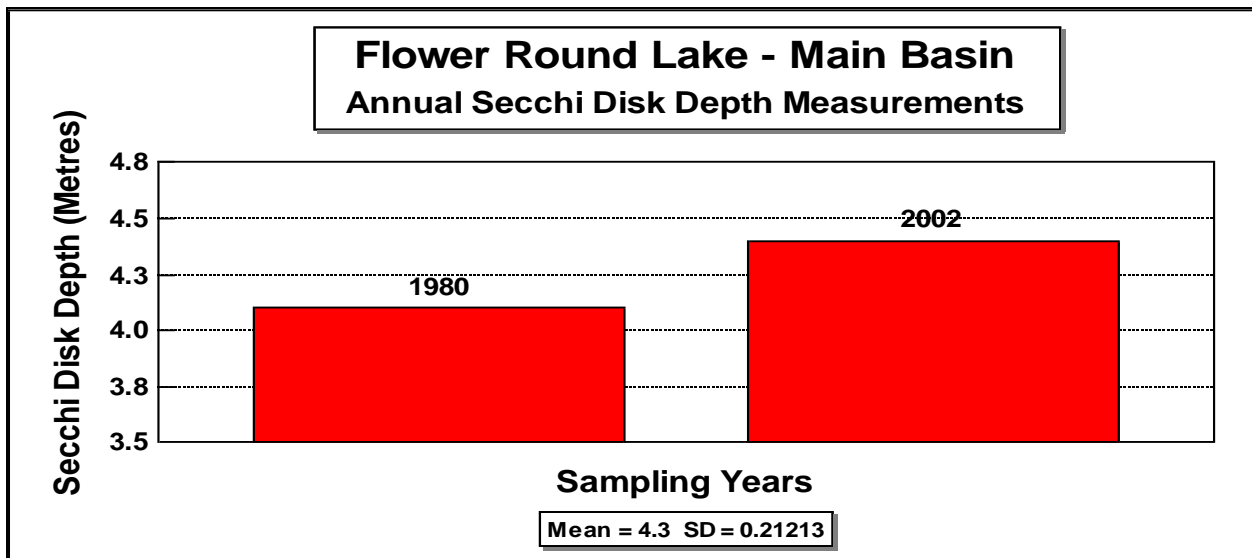
Interpreting Secchi Disc Readings:

A Secchi disk is a black and white coloured disk used to determine water clarity. The disk is lowered into the water. The point, at which you can no longer distinguish the black and white, is called the Secchi depth.



The higher the Secchi Disk measurement the clearer your lake is.

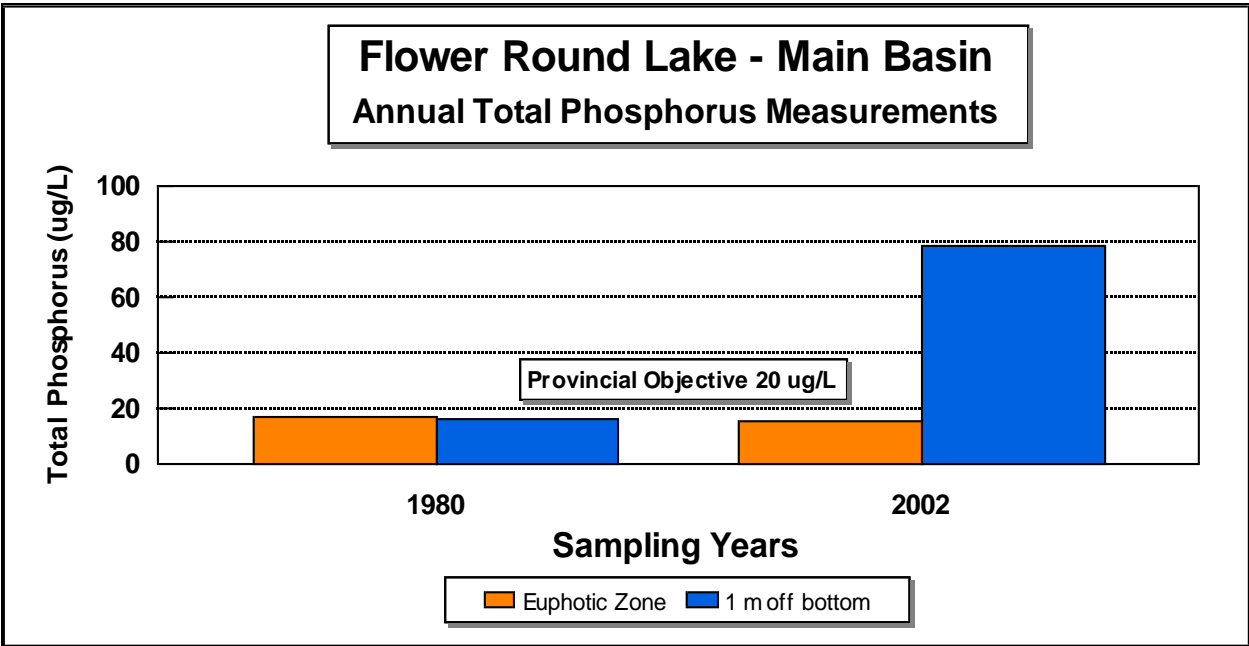
| INTERPRETING YOUR SECCHI DISC RESULTS | |
|---------------------------------------|---|
| Secchi Reading | Lake Nutrient Status |
| Over 5 metres | Oligotrophic - unenriched, few nutrients |
| 3.0 to 4.9 metres | Mesotrophic - moderately enriched, some nutrients |
| Less than 2.9 metres | Eutrophic - enriched, higher levels of nutrients |



Interpreting Total Phosphorus Results:

Phosphorus is the nutrient that controls the growth of algae in most Ontario lakes. For this reason any increase in phosphorus in the lake will increase the quantity of algae that can grow. High levels of phosphorus can lead to algal blooms and in some cases affect the habitat of cold water fish such as lake trout. A general guideline exists to characterize your lake based on the total phosphorus that is measured.

| INTERPRETING YOUR TOTAL PHOSPHORUS RESULTS | |
|---|---|
| Total Phosphorus | Lake Nutrient Status |
| 10ug/L or less | Oligotrophic - unenriched, few nutrients |
| 11 to 20ug/L | Mesotrophic – moderately enriched, some nutrients |
| 21ug/L or more | Eutrophic – enriched, higher levels of nutrients |



How to protect or restore a shoreline depends on the conditions of the site and the energy and resources of the owner.

There are four main strategies to choose from:

PRESERVATION
When purchasing a lakefront property, a natural shoreline is retained and access to the lake is designed to avoid shoreline damage.

NATURALIZATION
Degraded shorelines are left alone to return to their natural state.

ENHANCEMENT
Native species are planted and non-native species are removed.

RESTORATION
Cleared areas are planted with native species.

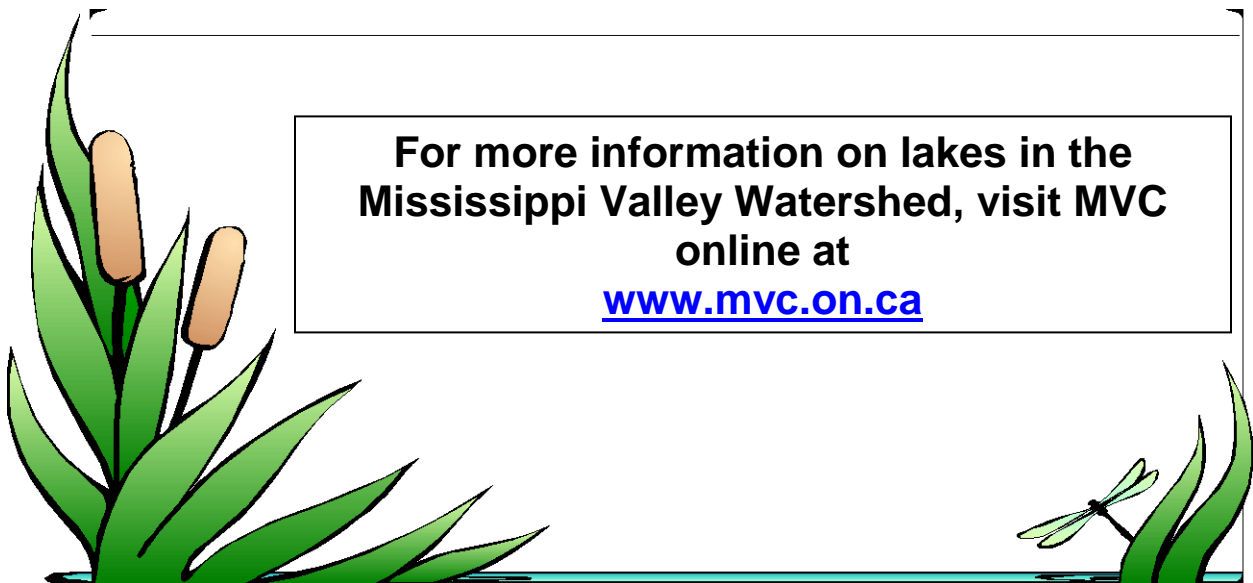
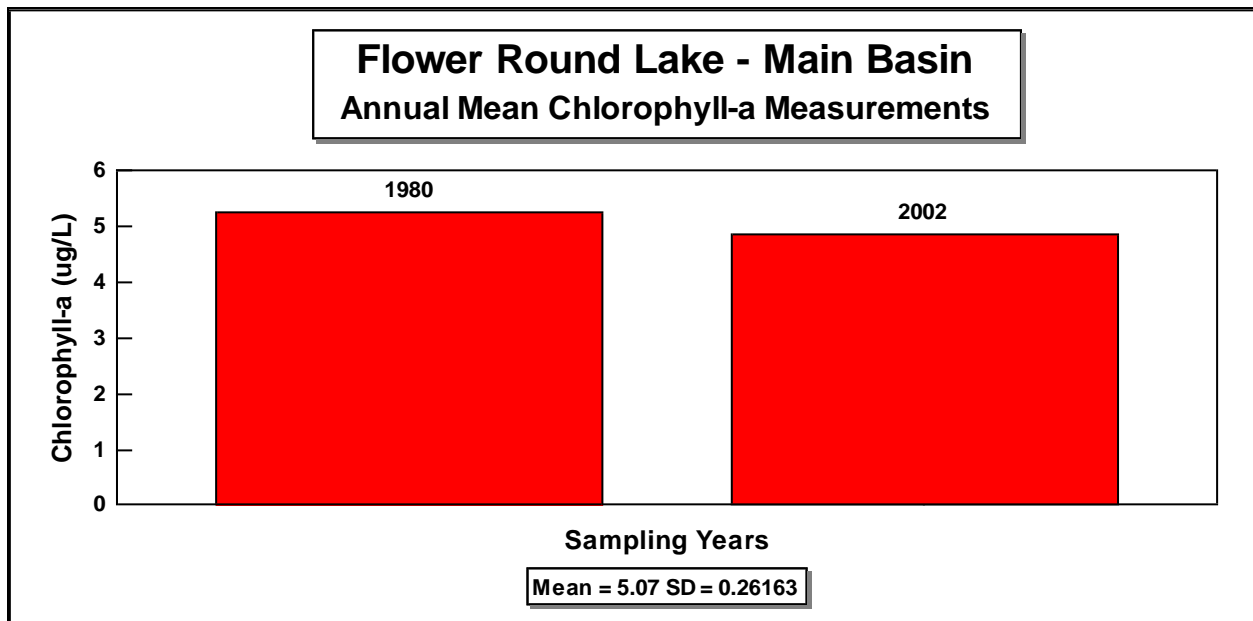


Interpreting Chlorophyll-a Results:

Chlorophyll-a, is a measure of the algal density in the lake. The lower the chlorophyll-a density in your lake, the clearer your lake is. Chlorophyll-a, is directly affected by the amount of total phosphorus in your lake. The more phosphorus there is in the water, the more algal growth will occur.

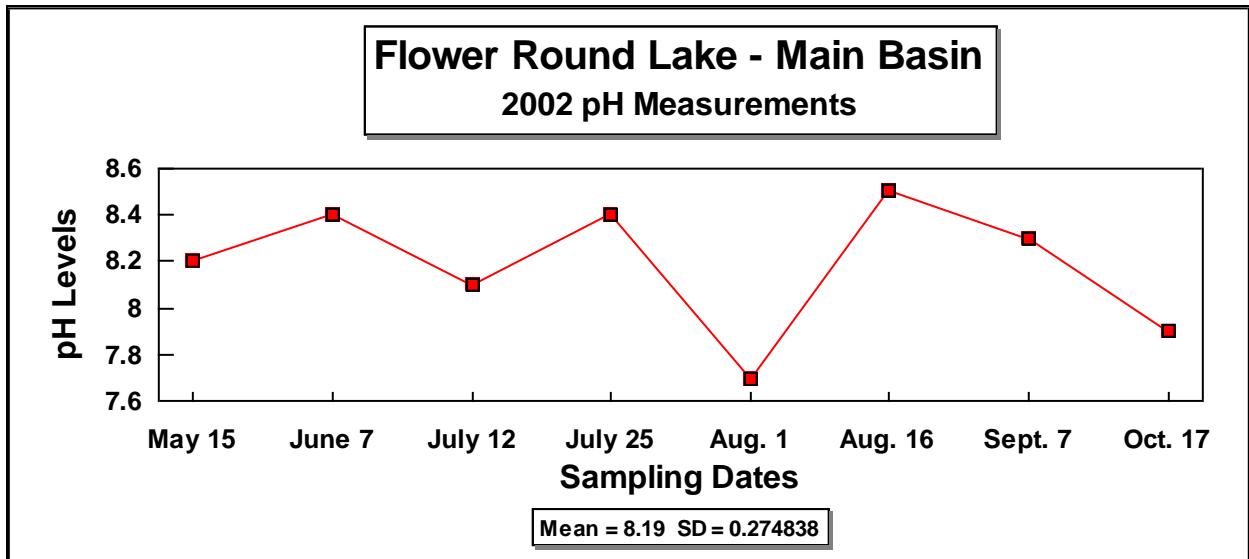
| INTERPRETING YOUR CHLOROPHYLL-A RESULTS | |
|--|---|
| Chlorophyll-a Reading | Lake Nutrient Status |
| Up to 2 ug/L - low algal density | Oligotrophic - unenriched, few nutrients |
| 2-4 ug/L - moderate algal density | Mesotrophic - moderately enriched, some nutrients |
| More than 4 ug/L- high algal | Eutrophic - enriched, higher levels of nutrients |

density



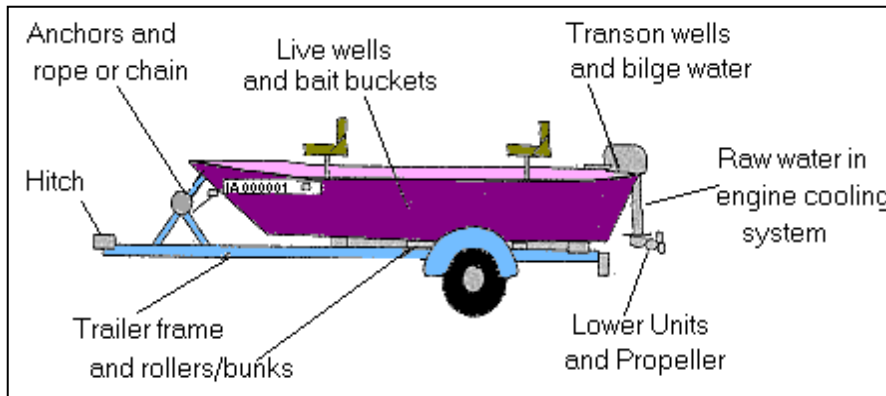
Interpreting pH Results:

The pH value is a measure of the concentration of hydrogen ions of a substance, which ranges from very acidic (pH = 1) to very alkaline (pH = 14). At a normal to neutral acidity level, a lake supports a diversity of life. A pH of 7 is neutral and most lake waters range between 6 and 9. pH values less than 6 are considered acidic, and most life forms cannot survive at a pH of 4.0 or lower. This parameter directly influences the types of plants and animals that live in the lake. Lakes with pH levels at 7.3 or higher are vulnerable to zebra mussels invasive.



MVC and O.F.A.H. need your help to Stop the Invasion!

Check & clean your boat every time you change water bodies



Working with Lake Associations, we hope to improve signage at public launching areas to identify lakes where zebra mussels and spiny water fleas are already present. We hope to focus on an ambitious educational campaign to help reduce their spread to lakes where they are not yet present.

For more information call MVC at (613)259-2421, the Invading Species Hotline 1-800-563-7711.



FLOWER ROUND LAKE – Main Basin

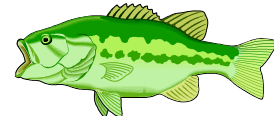
DISSOLVED OXYGEN/TEMPERATURE PROFILES

MOE Rec. Lks. Station # 19-3430-750-01, MVC Station # 02-02

Date: May 15 , 2002

Depth: 12.9 Metres

Euphotic Zone (Penetration of Light) = 10.0 Metres



Warm Water Fisheries Habitat (Bass, Walleye, Pike and Perch) defined as Dissolved Oxygen Concentrations greater than 4 mg/L at Temp. less than 25°C

Date: July 25, 2002

Depth: 12.9 Metres

| Depth [Metres] | Temperature [Degrees Celsius] | Dissolved Oxygen [Milligrams/Litre] | Percent % Saturation | Thermal Stratification |
|----------------|-------------------------------|-------------------------------------|----------------------|------------------------|
| 0.1 | 10.6 | 11.9 | 104 | Epilimnion |
| 1.0 | 10.3 | 12.3 | 105 | |
| 2.0 | 10.2 | 12.5 | 108 | |
| 3.0 | 10.0 | 12.1 | 104 | |
| 4.0 | 9.9 | 11.9 | 100 | |
| 5.0 | 9.8 | 11.7 | 99 | |
| 6.0 | 9.8 | 11.5 | 98 | |
| 7.0 | 9.8 | 11.3 | 95 | |
| 8.0 | 9.8 | 11.2 | 95 | |
| 9.0 | 9.8 | 11.1 | 95 | |
| 10.0 | 9.7 | 10.8 | 90 | |
| 11.0 | 9.1 | 10.6 | 89 | |
| 12.0 | 8.7 | 9.5 | 79 | |

Bottom

Euphotic Zone (Penetration of Light) = 8.0 Metres

Warm Water Fisheries Habitat (Bass, Walleye, Pike and Perch) defined as Dissolved Oxygen Concentrations greater than 4 mg/L at Temp. less than 25°C

FLOWER ROUND LAKE – Main Basin continued...



| Depth [Metres] | Temperature [Degrees Celsius] | Dissolved Oxygen [Milligrams/Litre] | Percent % Saturation | Thermal Stratification |
|----------------|-------------------------------|-------------------------------------|----------------------|-----------------------------------|
| 0.1 | 23.8 | 8.5 | 96 | Epilimnion |
| 1.0 | 23.7 | 8.4 | 95 | |
| 2.0 | 23.6 | 8.5 | 96 | |
| 3.0 | 23.2 | 8.3 | 94 | |
| 4.0 | 21.9 | 7.2 | 77 | Metalimnion or Thermocline |
| 5.0 | 16.3 | 6.3 | 63 | |
| 6.0 | 13.2 | 1.7 | 17 | |
| 7.0 | 11.8 | 1.1 | 10 | Hypolimnion |
| 8.0 | 10.9 | 0.2 | 2.5 | |
| 9.0 | 10.7 | 0.1 | 2 | |
| 10.0 | 10.5 | 0.1 | 2 | |
| 11.0 | 10.2 | 0.1 | 1 | |
| 12.0 | 10.1 | 0.0 | 0 | |

Bottom

Date: September 7, 2002

Depth: 12.9 Metres

Euphotic Zone (Penetration of Light) = 9.0 Metres



Mississippi Valley Conservation

The Watershed Watch program was made possible thanks to the generous support of the Ministry of Environment, Lake Associations, area Stewardship Councils, the Lake Stewardship Network and concerned citizens.

For more information regarding Watershed Watch or for advice on how you can help protect or enhance your lake environment, contact Melissa Dakers, Water Quality Technician, Mississippi Valley Conservation at (613) 259-2421 or mdakers@mvc.on.ca

| | | | en | Percent % Saturation | Thermal Stratification |
|------|------|-----|----|----------------------|----------------------------|
| | | | | 80 | Epilimnion |
| | | | | 81 | |
| | | | | 81 | |
| | | | | 80 | |
| | | | | 79 | |
| | | | | 69 | |
| | | | | 7 | Metalimnion or Thermocline |
| | | | | 2 | |
| | | | | 2 | |
| | | | | 1 | Bottom |
| 10.0 | 10.4 | 0.0 | | 0 | |
| 11.0 | 10.1 | 0.0 | | 0 | |

Warm Water Fisheries Habitat (Bass, Walleye, Pike and Perch) defined as Dissolved Oxygen Concentrations greater than 4 mg/L at Temp. less than 25°C

